

"Farm Fresh Recipes"



SMB Colorado Master GardenersSM and The Norwood Farm and Craft Market

Honey Herb Sauce for Vegetables

Ingredients

- 1/4 cup - honey
- 2 Tablespoons - onion, minced
- 1/4 cup - butter or margarine
- 1/2 teaspoon - thyme, crushed
- - Salt and pepper, to taste

Directions

Combine all ingredients in a small saucepan and bring to a boil; cook 2 minutes. Toss with vegetables of choice such as: peas, zucchini, spinach, broccoli, green beans, etc.

Serving Suggestion

Serve over couscous as a vegetarian entree or alone as a side dish.

From the National Honey Board
<http://www.honey.com/about/about-nhb>

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